



Matthew Meyer
County Executive
Div. of Comm. Resources

Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636

Open Monday through Friday, 9am to 2pm

Hot lunch and salad bar served daily at 11:30am

**April
2021**

DUE TO CORONAVIRUS, ALL ACTIVITIES, PROGRAMS AND TRIPS AT ABJ ARE POSTPONED UNTIL FURTHER NOTICE.

From the Director's Desk

Welcome spring! Did your body adjust to the time change yet? I don't know about you, but I don't like getting up in the dark. But I guess I will get over it.

If you are ready to get out after the Covid-19 shut-in for a year (can you believe a year) when we open, join us! We can't wait to get back to our busy schedule. We offer free bus service to and from the senior center. We don't pick up in the city of Newark or Wilmington. This is a friendly center and staff. We go the extra mile for our members. There is a lot going on to keep you busy. As I started typing the activities for the calendar, I realize it's going to be a busy month.

Summer means hot weather to me and grass cutting and weeds in the garden. Maybe snow wasn't so bad after all! HA! If you want to help in the garden just let us know. We would like to get the garden planted in May. The raised beds are easier on the back. Last year's garden got a late start hoping this year is different.

Wii Bowling was short-lived this past year. As you know everything was cancelled. Thanks to all our teams — you did a great job. It was the 10th year for Wii Teams and a special banquet was planned. All team members received a T-Shirt and gift card from Griswold Homecare who sponsors our Wii Bowling League. We want to thank everyone who helped in any way with the Wii Bowling. I know it's a lot of work through the year. We want you to know we appreciate the score keeper, the program director and all the others who helped to make the League a success. Some centers have teams bowling now. Some rules have been changed to help with the short season. We didn't open yet so not sure if we will get to play this year.

We still have a few Chromebooks if anyone would like one call for details. We will let you know when we get the word to open.

Stay Safe

Best regards
Joan & Staff

New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sex, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations** To check for Center closings & transportation cancellations.

Please DO NOT call the Center.

APRIL BIRTHDAYS

Ann Ammerman	Barbara Mancuso	Anne E. Rossetto
Darlene Ashley	Shirley Jenkins	Fran Romano
Ingrid Bostic	George Keeman	Angeline Rholetter
Beverly Dodson	Anna Kuhar	Kappy Stevens
Rhoda Domenic	Margaret M. Kyle	Linda Shamblin
Leah Faber	Sophie Murray	Terry Szczechowski
Fred Garlic	Eileen A. McKeown	Beverly Snover
Angela Garabedian	Gertrude Merkel	Pat Spencer
Therese Gilchrist	Patricia Meyer	Charlotte Smith
Ruby Govens	Bridget Napolski	Alice Taylor
Margaret Henderson	Cleo Phillips	Angela Taylor
Melba Hancock	Patty Powell	Melchora Toala
James Hirst	Richard Sarsfield	Annetta Wallace

STAFF

Director
Joan Budrow
Assistant Director
Judy Panchisin
Site Manager
Sheila Kellam
Secretary
Sheila Carlisle
Drivers
Wayne Winters

Thinking of You

Marlene Coughlin Diane Ford Joan Murphy
 Clara Snyder Joe Smolka June & Harry Jump
 Tony & Marcia Gruszczynski Richard & Bobbie Sarsfield

We are thinking about **all** our members. Please stay safe and healthy. If you can get outside and take a walk to get fresh air. Check out the classes the County is offering on the computer exercise, Tai Chi, and several others that I think you will find interesting.

Our newsletter will be on the county web. But it will be shorter. All I can say is what you keep hearing, **WASH YOUR HANDS, DON'T TOUCH YOUR FACE and COVER YOUR FACE WITH A MASK.**

Welcome New Members

The Center will welcome new members once we reopen. The staff is looking forward to that day! We will keep you all posted.

**TUNE IN TO NCCDE'S
 YOUTUBE CHANNEL
 OR FOLLOW NEW CASTLE COUNTY
 HAPPENINGS ON FACEBOOK
 FOR PROGRAMS**

VIRTUAL 
SENIOR PROGRAMS
 WITH ABSALOM JONES
 SENIOR CENTER 

Senior of the Month: Nancy Kaper

Nancy Kaper was born in December on the 31 in Lancaster, PA. She now lives in Wilmington. Nancy has an AA Degree from Goldey Beacon. She has two children, a boy and a girl (that's called a perfect family). Nancy has two grandchildren and you guessed it, they are also one boy and one girl.

Nancy's favorite TV show is Common Knowledge. Her favorite food is seafood and favorite vacation spot is Maine. Nancy's hobbies are reading and shopping. If she could have lunch with anyone famous, it would be her Mother because she was always just a special person.

Thanks for sharing some of your life with your friends at the center.

We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a gift to be awarded at our birthday party. So the more times you get your name in the basket, the better chance you will have to win!

Daily Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9am-2pm: Game Room and Fitness Center Open</p> <p>9:30am: Bank & Post Office (1st Monday)</p> <p>Computer Class</p> <p>9:45-11:30am: Surratte Pool (June-September)</p> <p>12:30pm: Medicine Pickup at Your Drugstore (2nd Monday)</p> <p>Debbie's Cardio</p>	<p>9am-2pm: Game Room and Fitness Center Open; Bingo</p> <p>9:30am: Sitting Tai Chi with Kevin</p> <p>10am: Book Club (3rd Tuesday)</p> <p>10:30-11:15am: Dancing Frenzy with Rick (1st Tuesday)</p> <p>12:30-1:30pm: Chess Club Group Exercise Class</p> <p>1:30-2pm: Debbie's Cardio</p> <p>1:30-2pm: Pickle Ball</p> <p>FIRST TUESDAY OF THE MONTH... <i>Sassy Ladies Meeting</i></p> <p>LAST TUESDAY OF THE MONTH... <i>Birthday Party!</i></p>	<p>9am-2pm: Trip Day</p> <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9:15-11:45am: Water Color Class (2nd & 4th Wednesday)</p> <p>9:45-11:30am: Surratte Pool (June-August)</p> <p>10am: Video Armchair Exercise</p> <p>Tai Chi</p> <p>Sewing/Quilting Class (1st & 3rd Wednesday)</p> <p>12pm: Bid Whist</p>	<p>9am-2pm: Game Room and Fitness Center Open</p> <p>9am: ShopRite</p> <p>9:30am: Sitting Tai Chi with Kevin</p> <p>10-11:30am: Bingo</p> <p>10:30am: Bible Study</p> <p>10:45-11:30am: Soul Line Dancing (First 4 Thursdays)</p> <p>11:30am sharp!: Pinochle</p> <p>12:30pm: Group Exercise Class</p> <p>2-3pm: Drama Club Practice</p>	<p>9am-2pm: Trip Day</p> <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9am-11am: Movies in the computer room</p> <p>9:30am: Tai Chi</p> <p>10am-1pm: Cosmetologist (last Friday each month)</p> <p>10:30-11:30am: Win Dance Class</p> <p>Art Therapy (1st & 3rd Friday)</p> <p>12-4pm: Bid Whist</p> <p>1pm: Walking the gym: 19 laps = 1 mile</p>

Activities & Services Offered Throughout the Year

- GAMES:** Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.
Game room is open daily from 9am-2pm.
- HEALTH:** Blood pressure screening, Delaware Assistance Prescription Program, Vial of Life, Medicare information, Speakers
- FITNESS:** Dance classes, water aerobics, tai chi, group exercise, walk the gym, Debbie's cardio
- SERVICES:** Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving, computer classes, caregiver information, book and video lending library, Delaware Energy Assistance Program
- GROUPS:** Advisory Council, Red Hat Society "Sassy Ladies", Chess Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club
- ARTS & CRAFTS:** Watercolor class, paper flower making, candy making

Look for dates and times in the newsletter or ask the Senior Center staff!

ABSALOM JONES SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APRIL 2021	"45" Anniversary Party Games, Lunch, Door Prizes		1 9: Shoprite 9:30: Wii Four Dames, Sitting Taichi 10:30: Bible Study, Dancers Knowledge, 11:15: Pinochle 12:30: Group Exercise 2: Drama Club Practice	2 Holiday Center Closed Good Friday
5 Trip-9:30-11:30 Dollar Store 9: Scrabble/ Upwords, Computer Class 12:30: Cardio Class	6 9: Bingo, Wii All Stars 9:30: Sitting Taichi 10:30: Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio Class 2: Drama Club Practice	7 Trip-8:30-3 9: Scrabble/Upwords 10: Tai Chi, Armchair Exercise, Watercolor Class, Sewing/Quilting Class 12: Bid Whist Club	8 9: Shoprite 9:30: Wii Four Dames, Sitting Taichi 10:30: Bible Study, 10:45: Dancers Knowledge 11:15: Pinochle Club 12:30: Group Exercise	9 Trip 9-2 9:30: Tai Chi 10:30: Line Dancing 12: Bid Whist Club
12 Trip 8:30-6:30 Breakfast/ Christmas Tree Store 9: Scrabble/ Upwords, Computer Class 12:30: Cardio Class	13 9: Bingo, 9:30: Sitting Taichi 10: Book Club 10:30: Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio Class 2: Drama Club Practice	14 Trip 9:30: Scrabble/Upwords 10: Tai Chi, Armchair Exercise, Watercolor Class 12: Bid Whist Club	15 9: Shoprite Sitting Taichi 10:30: Bible Study, 10:45: Dancers Knowledge 11:30: Pinochle Club, 12:30: Group Exercise 2: Drama Club Practice	16 Trip 9-2 Breakfast @ Hanks Place @ Concord Mall 9:30: Tai Chi 10:30: Line Dance, Art Therapy 12: Bid Whist Club
19 9: Scrabble/Upwords, Computer Class 12:30: Cardio Class	20 "45" Anniversary Party 9: Bingo, Wii All Stars 9:30: Sitting Taichi 10:30: Dancing Frenzy 12:30: Group Exercise, Wii Foxy Ladies 1:30: Cardio 2: Drama Club Practice	21 Trip 9-2 Mystery Ride 9:30-11:30, Watercolor Class 10: Armchair Exercise, Tai Chi Class 12: Bid Whist Club	22 Trip 9-2 9: Shoprite 9:30 Wii Four Dames, Sitting Taichi 10:45: Dancer Knowledge 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	23 Trip 9:30: Tai Chi 10:30: Line Dance /Exercise 12: Bid Whist Club
26 9: Scrabble/Upwords, Computer Class 12:30: Cardio Class	27 9: Bingo, Wii All Stars 9:30: Sitting Taichi 10:30: Dancing Frenzy 12:30: Wii Foxy Ladies, Group Exercise 1:30: Cardio 2: Drama Club Practice	28 Trip 9:30 Lunch @ Teds Montana Grill 10: Armchair Exercise, Tai Chi Class 12: Bid Whist Club	29 9: Shoprite 9:30: Wii Four Dames, Sitting Taichi 10:30: Bible Study Dancers Knowledge 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Practice	30 Trip 9-2 9:30: Tai Chi 10:30: Line Dance Class 12: Bid Whist Club

EFFECTIVE MARCH 16, 2020,

ALL PROGRAMS & ACTIVITIES AT ABJ ARE SUSPENDED UNTIL FURTHER NOTICE DUE TO COVID-19. We are delivering meals to those members who are not able to drive and perhaps live home alone. The County and ABJ partnered with City Fare to have meals delivered each day when they drop off the Meals On Wheels at our center. One of our bus drivers and a staff person deliver the meals to the members. The meals are kept at the proper temperature when delivered.

We want to thank City Fare for allowing us to help our members in need.

Absalom Jones Senior Center
Advisory Board

President: John Smith

Vice-President: Norbert Quigley

Secretary: Castella LaCompte

Assist. Secretary: Joan Gay

Goodwill Ambassador: Annette Tomasello

Staff

Director: Joan Budrow

Assistant Director: Judy Panchisin

Site Manager: Sheila Kellam

Secretary: Sheila Carlisle

Drivers: Wayne Winters

Advisory Board Meeting

TRIVIA QUESTIONS

- The most popular ice cream flavor is?
- The flounder swims where?
- Saturday night is the biggest night of the week for eating what?
- Everyone is _____ at birth.

AT HOME BINGO

GAME # FIVE: Maryann Cavanaugh

GAME # SIX: Tom Cavanaugh & Rich Kersten

GAME # SEVEN: Blanche Barlow

GAME # EIGHT: Gail DuVernay, Ronda,
Maryann Mannering & Esther Fisher

GAME # NINE: Gail DuVernay

Legacy

You joined the ABJ Center because you found a place to call home. The Center offers trips, activities, educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will or even a donation, you can help preserve a place for others to come for many years. For more information and assistance, contact the Center Director.

Friendly Reminder

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

Book Buddy Program

This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call **395-5656**.

Greeting Cards

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

Emergency Food Assistance

New Castle County Department of Community Services/Division of Community Resources, in partnership with the Division of State Service Centers is pleased to offer emergency food assistance for seniors. If you are in need of food, call Absalom Jones Senior Center at (302) 995-7636 or the State Service Center at (302) 892-5972.

