



Matthew Meyer
County Executive
Div. of Comm. Resources

Absalom Jones Senior Center

310 Kiamensi Rd., Wilmington, DE 19804 995-7636

Open Monday through Friday, 9am to 2pm

Hot lunch and salad bar served daily at 11:30am

**May
2021**

DUE TO CORONAVIRUS, ALL ACTIVITIES, PROGRAMS AND TRIPS AT ABJ ARE POSTPONED UNTIL FURTHER NOTICE.

From the Director's Desk

This is a different year for sure. Who would have expected what has happen to the USA? Can you even believe it's over a year since everything got turned upside down? The good news now is the vaccine is out and most of the population has received their vaccination. With that being said, the stores, schools, restaurants should be opening.

The weather is still a bit cool. But I'm thinking it is time to start the garden. We will need some helping hands for planting, weeding, watering and of course eating (when we open, that is).

Ab Jones planned on celebrating our "45" anniversary, however it will take place at another time. Had several trips and activities planned but as you know they are on hold for now.

The tax season was extended so our waiting list is getting shorter. No problems — it's running smooth. It's good to see some of our members. They keep asking when will the center open. We say...will let you know when the county gives us a date!

The center continues to deliver lunch meals to our members. Judy and Wayne have never let us down. They are here everyday since March 16 to get lunch to your house through rain, wind and snow. The center staff is dedicated to their job and you. You have to love them. Sheila K. has also been on the job every day. When Meals on Wheels is missing a driver Sheila and I make the delivery. I can't even guess how many phone calls were made in the last year for one reason or another. Staff keeps busy.

We miss you and hope you're all doing well. Hope to see you all soon.

A HUGE THANK YOU to my staff who is always ready to help. All of you are wonderful and appreciated.

Best regards ~ Joan

New Castle County Senior Center Mission Statement

New Castle County provides recreational, educational and nutrition services for seniors 55+ years of age regardless of race, religion, sex, ethnic origin or handicap. All those attending the Center must be able to take care of their personal needs and make independent decisions as they participate in the activities of the day.

In case of inclement weather, please listen to **WDEL (1150) or WILM (1450) am radio stations**

To check for Center closings & transportation cancellations.

Please DO NOT call the Center.

MAY BIRTHDAYS

Nancy Anthony
Eileen Aiken
Lynn Gray Beal
Carolyn A. Butler
Aritha Brown
Giann Chang
Diane M. Ford
Pat Gardiner
Beverly Gorski

Susan Joseph
Ruth Lambert
Kathleen Lewis
Mary A. Mensinger
Grazia Markland
Peggy Miles
Paulette Mercado
Delores Moore
Joanne Nagy

Harry Ruth
Dolly Ray
Jeanne Sadot
Irene Sama
Evelyn Smith
Peggy Smith
Santissa Washington
Mary E. Zielinski

STAFF

Director

Joan Budrow

Assistant Director

Judy Panchisin

Site Manager

Sheila Kellam

Secretary

Sheila Carlisle

Drivers

Wayne Winters

Thinking of You

Marlene Coughlin Joan Murphy
Clara Snyder Joe Smolka
Tony & Marcia Gruszczynski

Ann Wegrzynowski
June & Harry Jump
Richard & Bobbie Sarsfield

Mary Ciritella
Annette Tomasello
Bonita Ryder

We are thinking about **all** our members. Please stay safe and healthy. If you can get outside and take a walk to get fresh air. Check out the classes the County is offering on the computer exercise, Tai Chi, and several others that I think you will find interesting.

Our newsletter will be on the county web. But it will be shorter. All I can say is what you keep hearing, **WASH YOUR HANDS, DON'T TOUCH YOUR FACE and COVER YOUR FACE WITH A MASK.**

Welcome New Members

The Center will welcome new members once we reopen. The staff is looking forward to that day! We will keep you all posted.

**TUNE IN TO NCCDE'S
YOUTUBE CHANNEL
OR FOLLOW NEW CASTLE COUNTY
HAPPENINGS ON FACEBOOK
FOR PROGRAMS**

VIRTUAL 
SENIOR PROGRAMS
WITH ABSALOM JONES
SENIOR CENTER 

Senior of the Month: Charles Hutt

Charles was born March 7 in Wilmington. He claims to be a lifelong Delawarean and now lives in New Castle. Charles graduated from Howard H.S. He worked for the city of Wilmington Water Department for 43 years and also trained new employees. He retired from there. Charles has one son and two daughters. His grandchildren include three boys and three girls.

His favorite TV show is "In the Heat of the Night", Maverick, and Old Westerns and Army Movies. Charles likes fried chicken and ice cream. His hobbies include fishing, target practice and helping people. He is always donating to the center. Charles likes visiting his children and likes to vacation in North Carolina and New York.

Charles would like to have lunch with Michael Jackson because he was a talented singer and dancer.

Thanks for sharing some of your life with your friends at the center.

We are awarding a monthly gift to a lucky birthday person. Every time the birthday person for that month comes to the Center for a meal or trip, we will enter their name in a drawing for a gift to be awarded at our birthday party. So the more times you get your name in the basket, the better chance you will have to win!

Daily Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9am-2pm: Game Room and Fitness Center Open</p> <p>9:30am: Bank & Post Office (1st Monday)</p> <p>Computer Class</p> <p>9:45-11:30am: Surratte Pool (June-September)</p> <p>12:30pm: Medicine Pickup at Your Drugstore (2nd Monday)</p> <p>Debbie's Cardio</p>	<p>9am-2pm: Game Room and Fitness Center Open; Bingo</p> <p>9:30am: Sitting Tai Chi with Kevin</p> <p>10am: Book Club (3rd Tuesday)</p> <p>10:30-11:15am: Dancing Frenzy with Rick (1st Tuesday)</p> <p>12:30-1:30pm: Chess Club Group Exercise Class</p> <p>1:30-2pm: Debbie's Cardio</p> <p>1:30-2pm: Pickle Ball</p> <p>FIRST TUESDAY OF THE MONTH... <i>Sassy Ladies Meeting</i></p> <p>LAST TUESDAY OF THE MONTH... <i>Birthday Party!</i></p>	<p>9am-2pm: Trip Day</p> <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9:15-11:45am: Water Color Class (2nd & 4th Wednesday)</p> <p>9:45-11:30am: Surratte Pool (June-August)</p> <p>10am: Video Armchair Exercise</p> <p>Tai Chi</p> <p>Sewing/Quilting Class (1st & 3rd Wednesday)</p> <p>12pm: Bid Whist</p>	<p>9am-2pm: Game Room and Fitness Center Open</p> <p>9am: ShopRite</p> <p>9:30am: Sitting Tai Chi with Kevin</p> <p>10-11:30am: Bingo</p> <p>10:30am: Bible Study</p> <p>10:45-11:30am: Soul Line Dancing (First 4 Thursdays)</p> <p>11:30am sharp!: Pinochle</p> <p>12:30pm: Group Exercise Class</p> <p>2-3pm: Drama Club Practice</p>	<p>9am-2pm: Trip Day</p> <p>9am-2pm: Game Room and Fitness Center Open</p> <p>9am-11am: Movies in the computer room</p> <p>9:30am: Tai Chi</p> <p>10am-1pm: Cosmetologist (last Friday each month)</p> <p>10:30-11:30am: Win Dance Class</p> <p>Art Therapy (1st & 3rd Friday)</p> <p>12-4pm: Bid Whist</p> <p>1pm: Walking the gym: 19 laps = 1 mile</p>

Activities & Services Offered Throughout the Year

- GAMES:** Bingo, pinochle, billiards, shuffleboard, pickle ball, Wii.
Game room is open daily from 9am-2pm.
- HEALTH:** Blood pressure screening, Delaware Assistance Prescription Program, Vial of Life, Medicare information, Speakers
- FITNESS:** Dance classes, water aerobics, tai chi, group exercise, walk the gym, Debbie's cardio
- SERVICES:** Elderinfo, Legal Aid, Tax assistance by AARP, defensive driving, computer classes, caregiver information, book and video lending library, Delaware Energy Assistance Program
- GROUPS:** Advisory Council, Red Hat Society "Sassy Ladies", Chess Club, Drama Club, Shuffleboard Club, Wii Bowling, Book Club
- ARTS & CRAFTS:** Watercolor class, paper flower making, candy making

Look for dates and times in the newsletter or ask the Senior Center staff!

ABSALOM JONES SENIOR CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9: Computer Class (looking for an instructor call the center)	4 9-12: TAX AID 9:30: Bingo, Sitting Taichi 10:30: Dancing Frenzy 12:30: Group Exercise 1:30: Cardio	5 9:30: Scrabble/Upwords 10-12: Sewing/Quilting 10: Armchair Exercise, Tai Chi 12: Bid Whist	6 9: ShopRite 10:30: Bible Study 10:45: Dancers Knowledge 11:15: Pinochle Club 12:30: Group Exercise 2: Drama Club Prac- tice	7 9:30: Tai Chi 10:30: Art Therapy, Line Dance 12: Bid Whist
10 9: Computer Class 9:30: Scrabble/ Upwords, 12:30: Cardio	11 9-12: TAX AID 9:30: Bingo, Sitting Taichi 10:30: Dancing Frenzy 12:30: Group Exercise 1:30: Cardio	12 9: Scrabble/Upwords 9:30: Watercolor 10: Armchair Exercise, Tai Chi 12: Bid Whist	13 9: ShopRite 10:30: Bible Study, 10:45: Dancers Knowledge 11:15 Pinochle Club 12: 30: Group Exer- cise 2: Drama Club Prac- tice	14 9:30: Tai Chi 10:30: Line Dance 12: Bid Whist
17 9: Computer Class 9:30: Scrabble / Upwords, 12:30: Cardio,	18 9:30: Bingo, Sitting Taichi 10: 30: Dancing Frenzy 12:30: Group Exercise 1:30: Cardio	19 9: Scrabble/Upwords 10: Armchair Exercise, Tai Chi 12: Bid Whist	20 10:30 Bible Study, 10:45: Dancers Knowledge 11:30: Speaker: 11:15: Pinochle Club 12:30: Group Exer- cise, ShopRite 2: Drama Club Prac- tice	21 9:30: Tai Chi 10:30: Art Therapy, Line Dance 12: Bid Whist
24 9: Computer Class 9:30: Scrabble/Upwords, 12:30: Cardio	25 9:30: Bingo, Sitting Taichi 10:30: Dancing Frenzy 12:30: Group Exercise 1:30: Cardio	26 9: Scrabble/ Upwords 9:30: Watercolor Class 10: Armchair Exercise 12: Bid Whist	27 10:30: Bible Study 10:45: Dancers Knowledge 11:15: Pinochle Club 12: ShopRite 12:30: Group Exercise 2: Drama Club Prac- tice	2 9:30: Tai Chi 10:30: Line Dance 12: Bid Whist
31 9: Computer Class 9:30: Scrabble/Upwords 12:30: Cardio				MAY 2021

EFFECTIVE MARCH 16, 2020,

ALL PROGRAMS & ACTIVITIES AT ABJ ARE SUSPENDED UNTIL FURTHER NOTICE DUE TO COVID-19. We are delivering meals to those members who are not able to drive and perhaps live home alone. The County and ABJ partnered with City Fare to have meals delivered each day when they drop off the Meals On Wheels at our center. One of our bus drivers and a staff person deliver the meals to the members. The meals are kept at the proper temperature when delivered.

We want to thank City Fare for allowing us to help our members in need.

Absalom Jones Senior Center
Advisory Board

President: John Smith

Vice-President: Norbert Quigley

Secretary: Castella LaCompte

Assist. Secretary: Joan Gay

Goodwill Ambassador: Annette Tomasello

Staff

Director: Joan Budrow

Assistant Director: Judy Panchisin

Site Manager: Sheila Kellam

Secretary: Sheila Carlisle

Drivers: Wayne Winters

Advisory Board Meeting

May 19, 12 p.m.

Legacy

You joined the ABJ Center because you found a place to call home. The Center offers trips, activities, educational offerings, and resources that help you live a more fulfilling life. You have made friends that you accompanied on many trips. Some of you have made life-time friends. By remembering the ABJ Senior Center in your will or even a donation, you can help preserve a place for others to come for many years. For more information and assistance, contact the Center Director.

Friendly Reminder

For your health and safety, **please** do not take items from the lunch trays and store them in your bag or purse. It is risky to have food items sit at room temperature. Please consume all food items at the Center. Thank you for your cooperation.

Book Buddy Program

This is a program to provide reading material to homebound seniors who are unable to visit their County library. To find out more or to sign up for this free service call **395-5656**.

Greeting Cards

Check out the rack of cards in the game room. They are \$.25 each and the money benefits the Center.

Emergency Food Assistance

New Castle County Department of Community Services/Division of Community Resources, in partnership with the Division of State Service Centers is pleased to offer emergency food assistance for seniors. If you are in need of food, call Absalom Jones Senior Center at (302) 995-7636 or the State Service Center at (302) 892-5972.



TRIVIA QUESTIONS

- More popcorn is sold in _____ than anywhere else in the United States?
- Ancient Egyptians believed eating fried mice would cure _____?
- Fingernails are made from the same substance as a _____?
- The chocolate chip cookie was invented in what year?

AT HOME BINGO

GAME # FIVE: Maryann Cavanaugh

GAME # SIX: Tom Cavanaugh & Rich Kersten

GAME # SEVEN: Blanche Barlow

GAME # EIGHT: Gail DuVernay, Ronda,

Maryann Mannering & Esther Fisher