Let’s Live Green...

The focus on living a sustainable life has increased in recent years. Check out the books in this newsletter for ideas on how you can go green and lead a more sustainable life.

Where can I find these books?

Your New Castle County Library has the books suggested in this issue in e-book or e-audio format available through Overdrive or Hoopla.

Visit the library website to access the electronic formats.

https://lib.de.us/

Sustainable Home by Christine Liu

Sustainable lifestyle blogger and professional Christine Liu takes you on a tour through the rooms of your home – the living area, kitchen, bedroom and bathroom – offering tips, tricks and 18 step-by-step projects designed to help you lead a more low-impact lifestyle. Whether its by making your own toothpaste, converting to renewable energy sources, reducing your consumption of plastic, growing your own herb garden or upcycling old pieces of furniture, there are numerous ways – both big and small – to make a difference.

With environmental issues at the forefront of global politics, the desire to make small changes on an individual level is on the rise; this book will guide anyone hoping to make a difference, but who perhaps don’t know where to begin.

Zero Waste Home by Bea Johnson

This book shares essential how-to advice, secrets, and insights based on Bea’s experience. She demystifies the process of going Zero Waste with hundreds of easy tips for sustainable living that even the busiest people can integrate: from making your own mustard, to packing kids’ lunches without plastic, to canceling your junk mail, to enjoying the holidays without the guilt associated with overconsumption. Zero Waste Home is a stylish and relatable step-by-step guide that will give you the practical tools to help you improve your health, save money and time, and achieve a brighter future for your family—and the planet.

Also recommended:

- The Parents’ Guide to Climate Revolution by Mary DeMocker
- So You Want to Be A Modern Homesteader by Kirsten Lie Nielson
- Urban Homesteading by Rachel Kaplan
- Backyard Homesteading by David Toht
- Buzz Sting Bite by Anne Sverdrup-Thygeson
- Soil Science for Gardeners by Robert Pavlis
**Green Homekeeping**
*by Alice Alvrez*

Is your home a sustainable and eco-friendly environment?

Every decision you make during the day, both large and small, has an impact on the environment. Make your daily impact planet-positive.

**Eco-friendly home:** With the gentle guidance of eco-expert, Alice Mary Alvrez, you can start with baby steps and progress to an advanced eco-warrior! Start with these inspired ideas and the 52 simple ways to reduce your waste, eat organic, and keep toxins out of your home. Inside this helpful and hopeful guide, you’ll find tips for greening up all the areas of your life. Learn surprising facts about your impact on the environment and change your habits with do-it-yourself ideas.

**Help our planet:** Start with small changes, like turning off the tap, and work your way up to raising chickens and composting your leftover food. Whether you want to be a green rookie or an eco-master, you can help the planet every week of the year.

**Live Green**
*by Jen Chillingsworth*

Many of us are already doing what we can to adopt a greener lifestyle. We recycle, try to reduce our waste and plastics, choose organic food when shopping, eat less meat and opt for environmentally friendly cleaning products. Yet we often wish we were doing more and it can be overwhelming to know where to start. Live Green is a practical guide of 52 changes – one for each week of the year – you can make to your home and lifestyle to reduce your impact on the environment. Tackling all areas of your life from your cleaning routine, home furnishings, food shopping, fashion choices, natural beauty and Christmas, this book has all the ingredients to help you achieve a more sustainable year. From making your own eco-friendly cleaning products, buying vintage furniture, making your own moth repellent and improving your natural beauty regime to creating a capsule wardrobe and creating your own ethical Christmas decorations – discover how to get the most out of life by living with intention. Live simply. Live Green.

**New Minimalism**
*by Cary Telander Fortin & Kyle Louise Quilici*

The decluttering craze meets a passion for sustainable living and interior design in this gorgeous new book for readers of *The Life-Changing Magic of Tidying Up*.

This book promises an opportunity for self-reflection and lasting change, by getting to the bottom of why we’ve accumulated too much stuff in the first place, therefore allowing us to transform our lives. Professional decluttering and design team Cary and Kyle of *New Minimalism* will take you through every step, from assessing your emotional relationship to your stuff to decluttering your home to then turning it into a beautifully designed space that feels clean and tidy without feeling sparse or prescriptive. And all of this without filling up a landfill—you’ll find resources and strategies to donate and reuse your stuff so you don’t have to feel guilty about getting rid of it!
**Attainable Sustainable** by Kris Bordessa

Whether you live in a city, suburb, or the country, this essential guide for the backyard homesteader will help you achieve a homespun life—from starting your own garden and pickling the food you grow to pressing wildflowers, baking sourdough loaves, quilting, raising chickens, and creating your own natural cleaning supplies. In these richly illustrated pages, sustainability-guru Kris Bordessa offers DIY lovers an indispensable home reference for sustainability in the 21st century, with tried-and-true advice, 50 enticing recipes, and step-by-step directions for creating easy, cost-efficient projects that will bring out your inner pioneer. Filled with 340 color photographs, this relatable, comprehensive book contains time honored-wisdom and modern know-how for getting back to basics in a beautiful, accessible package.

**Nature’s Best Hope** by Douglas W. Tallamy

Douglas W. Tallamy’s first book, *Bringing Nature Home*, awakened thousands of readers to an urgent situation: wildlife populations are in decline because the native plants they depend on are fast disappearing. His solution? Plant more natives. In this new book, Tallamy takes the next step and outlines his vision for a grassroots approach to conservation. *Nature’s Best Hope* shows how homeowners everywhere can turn their yards into conservation corridors that provide wildlife habitats. Because this approach relies on the initiatives of private individuals, it is immune from the whims of government policy. Even more important, it’s practical, effective, and easy—you will walk away with specific suggestions you can incorporate into your own yard.

If you’re concerned about doing something good for the environment, *Nature’s Best Hope* is the blueprint you need. By acting now, you can help preserve our precious wildlife—and the planet—for future generations.
**How To Give Up Plastic** by Will McCallum

*How to Give Up Plastic* is a straightforward guide to eliminating plastic from your life. Going room by room through your home and workplace, Greenpeace activist Will McCallum teaches you how to spot disposable plastic items and find plastic-free, sustainable alternatives to each one. From carrying a reusable straw, to catching microfibers when you wash your clothes, to throwing plastic-free parties, you’ll learn new and intuitive ways to reduce plastic waste. And by arming you with a wealth of facts about global plastic consumption and anecdotes from activists fighting plastic around the world, you’ll also learn how to advocate to businesses and leaders in your community and across the country to commit to eliminating disposable plastics for good.

**101 Ways to Go Zero Waste** by Kathryn Kellogg

Minimalism meets DIY in an accessible guide to household waste reduction.

We all know how important it is to reduce our environmental footprint, but it can be daunting to know where to begin. Enter Kathryn Kellogg, who can fit all her trash from the past two years into a 16-ounce mason jar. How? She starts by saying “no” to straws and grocery bags, and “yes” to a reusable water bottle and compostable dish scrubbers.

In *101 Ways to Go Zero Waste*, Kellogg shares these tips and more, along with DIY recipes for beauty and home; advice for responsible consumption and making better choices for home goods, fashion, and the office; and even secrets for how to go waste free at the airport. "It's not about perfection," she says. "It's about making better choices."

This is a practical, friendly blueprint of realistic lifestyle changes for anyone who wants to reduce their waste.

**Backyard Homesteading** by Todd Brock

Historically referred to as a government program for revitalizing undesirable living areas, "homesteading" today has come to mean the pursuit of a self-sufficient lifestyle. Homesteading can include everything from keeping bees, growing vegetables, and composting to installing solar panels, creating a rain barrel, and canning your own food,—plus much more.

*Backyard Homesteading All-in-One For Dummies* has a little bit of everything for the homesteader in all of us. It walks you through the basics of creating your own sustainable homestead and offers expert tips and tricks for making it as easy and successful as possible.